

PLATES

214 Spring Street • Newton, NJ 07860



LUNCH

SALADS

CRISP & SPICY CUCUMBER 7.50
A unique selection of Asian spices

HAIL LARGE CAESAR 14.95
It's a real Caesar salad.
Add Chicken or Anchovies \$4.00

COUSCOUS SALAD \$9.95
Couscous mixed with peppers, scallions,
tomatoes, cucumber & zucchini in
a lemon vinaigrette.

HOUSE 6.95
Classic house salad with romaine, tomato & veggies

APPETIZERS 7.95

SEARED SEA SCALLOPS
PRETZEL CRUSTED CATFISH BITES
PAN FRIED STUFFED RICE BALL

MAC & CHEESE
EGG SALAD ON CUCUMBER WITH
WATERCRESS & CAVIAR

PLATES SIGNATURE APPETIZERS

SICILIAN PIRHANAS 9.95
Dipped in Egg & Panko

STUFFED JALAPENO WITH BLUE CHEESE \$8.50

LAMB BALLS WITH SNOW PEAS \$8.95

TRI COLOR CAPRESE \$7.95

BOARD OF SANDWICHES

GYRO 11.95
Chicken, Beef or Lamb
Classic Greek Gyro with Tzatziki Sauce
Tomato, Lettuce & Onion

THE LEON RUSSELL CATFISH SANDWICH 11.95
Lettuce, Tomato, Onion & Honey Mustard
served on the roll of the day

JAY & THE AMERICANS HAMBURGER 14.95
Dressed to order: Tomato, Lettuce, Onion, Pickle,
Mushroom & Bacon.
Choice of Cheese: American, Swiss or Provolone.
Includes Air Fries

NOT BAAAAAAAAD LAMB BURGER 15.95
A burger with a lot of natural flavor

GRILLED CHICKEN BREAST 14.95
Served on the roll of the day and dressed to order:
Tomato, Lettuce, Onion, Pickle, Mushroom & Bacon.
Choice of cheese: American, Swiss or Provolone.
Served with Air Fries

MEDITERRANEAN CHICK PEA WRAP 11.95
A warm whole wheat wrap with carrots, onions, banana peppers,
chick peas and potatoes.

ENTREES

PANZEROTTI TORRE 13.50
Stuffed with your favorite ingredients

PENNE WITH TOFU \$12.99
Penne, tofu mixed with parsley, basil, almond & garlic sauce

JERK CHICKEN 18.00
The intelligent choice and just like mama made
in Montego Bay, no problem mon.
Served with Basmati Rice & Red Beans

BLOOMING LASAGNA-\$14.95
A gastronomic work of art.
Traditionally baked in Tomato Sauce (not gravy), with Beef,
layered between Buffalo Mozzarella and Nona's love.

NILS LOFGREN PEPPER STEAK SKEWERS 16.95
A delightful combination of Grade A Sirloin, Peppers
& grilled Eggplant Chunks

HURRY HURRY HOME FOR CURRY 16.00
Traditional Chicken Curry chalk full of Potatoes
& Desiree's unique recipe.

SPINACH & CHEESE RAVIOLI 14.00
Homemade, Fresh, Daily.
Sautéed in garlic, Extra Virgin Olive Oil and served with crostini.

SHEPPARD'S PIE 11.95
Served British Style featuring Mashed Potatoes, Beef,
Carrots and Peas. Baked with Cheese and an Egg Wash.

BEVERAGES

COCA COLA, DIET COKE, SPRITE, ROOT BEER \$3

PELLEGRINO \$4-Individual \$7-Large

THE JIM BREUER COFFEE PRESS \$4-Regular \$6-Large

GREEN TEA ICE TEA with MINT \$4 / Bottomless \$7

HERBAL TEA SELECTION (POT) \$5

973-300-7770

www.platesworldcuisine.com

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DINNER

SALADS

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SEARED SEA SCALLOPS
PRETZEL CRUSTED CATFISH BITES
PAN FRIED STUFFED RICE BALL

MAC & CHEESE
**EGG SALAD ON CUCUMBER
WITH WATERCRESS & CAVIAR**
TRI COLOR CAPRESE

PLATES SIGNATURE APPETIZERS

SICILIAN PIRHANAS 9.95
Dipped in egg & lightly breaded in panko
GORDON LIGHTFOOT ORILLIA MUSSELS 12.95
In white wine sauce with garlic

ANTIPASTO OPERA 14.95
Assortment of cheese, Italian meats, pate, and olives.
SPICY EGGPLANT STEW 12.95
A stew made with eggplant, tomatoes and just enough spice.

SMOKED SALMON 19.95
In extra virgin olive oil with crostini

LAMB BALLS WITH SNOW PEAS \$8.95

STUFFED JALAPENO WITH BLUE CHEESE \$8.50

ENTREES

JAMAICAN JERK PORK or CHICKEN 22.95
One of our signature dishes. Served on a bed of Basmati Rice.
Served Spicy with Naan Bread. Accompanied with plantain and vegetable.

OXTAIL STEW 24.95
Savory and spicy. Served with a creamy polenta. Accompanied with vegetable and Naan bread.

ROGAN JOSH 24.95
A staple of Kashmiri cuisine comprised of Braised Lamb chunks, with a sauced based or including browned shallots, yogurt, garlic, cardamom and other aromatic spices. De-seeded red chili's to reduce the heat but provides the brilliant red color. Made to order medium or spicy. Served with Basmati rice and Naan bread.

GARAM MASALA 19.95
Translation: Hot Spices. Chicken prepared with Curry and an array of spices, coconut milk, potato, onions, garlic and secret blends. Served with Naan bread.

ATLANTIC SALMON 22.95
Pan seared (grilled is optional) in Extra Virgin Olive Oil and served on a bed of spinach. Accompanied with Potato and Vegetable.

TWIN PORK CHOPS 23.95
Grilled to perfection, two moist and tender rib section pork chops served bone up with garlic and spices. Served with potato and vegetable.

NEW YORK STRIP STEAK 36.00
Cooked to order (rare or medium rare recommended). Our steaks are typically 1- 1/2 to 1- 3/4" thick, weight varies. Accompanied with baked potato, sour cream and vegetable.

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HERBAL TEA SELECTION (POT) \$5

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Your hosts Tony and Desiree Torre welcome you to Plates World Cuisine.

We offer you a friendly, elegant, relaxing atmosphere and diverse menu. Our 44 seat restaurant includes our main dining room of 24 seats including our VIP window seats for 2 and 'semi' private room for up to 20. Not only is our menu diverse but the music in the background entertains and relaxes you with a compilation of opera/classical, r&b, country western, popular, jazz, rock n roll and blues. Your total experience is our concern.

Fresh and crisp salads lead the menu. Your appetite will be piqued by our revamped appetizer selection. Don't hold back as our diminutive deserts won't trouble your waistline. Everything about Plates World Cuisine is unique. We aim to be different. Our target is your satisfaction.

Take a tour with us across the Caribbean, over to India, then onto Italy, Europe and of course the USA. Jamaican Jerk chicken or pork have taken our diners by storm with Stewed Ox Tails right behind. If you like spice there is more with our Hindi offerings of Rogan Josh (pronounced go-sh) and Garam Masala. For the real meat eaters our New York Strip Steaks are thick (usually 1 ½" to 2" thick) and our rib section pork chops are tender and juicy. If you enjoy fish our Atlantic Salmon is personally selected and brought in fresh. It is prepared simple with salt, pepper and an occasional herb, magnifying the exquisite taste and texture.

Before or after the theatre, celebrating your special occasion or a simple evening out, please join us again at Plates World Cuisine.

Thank you and bonum appetitionem,

Tony & Desiree Torre

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